



# Notice

To our Patients, Family and Friends:

The Colorado End-of-Life Options Act authorizes medical aid in dying and allows a terminally ill adult to end his or her life in a peaceful manner. The patient must meet several requirements, including:

- A prognosis of six months or less;
- Mental capacity to make an informed decision;
- Residency in Colorado; and
- Has requested and obtained a prescription for medical aid-in-dying medication.

Qualified patients and health care providers maintain certain rights and responsibilities under the End-of-Life Options. For instance, a health care provider, including Kit Carson County Health Service District, is not required to assist a qualified patient in ending that patient's life.

KCCHSD has opted not to participate in this form of care; however, we do want to support those patients that find themselves facing this difficult decision. KCCHSD caregivers will still provide all other requested end-of-life services to patients. Any patient wishing to request medical aid-in-dying medication while a patient at this hospital will be assisted in transfer to another facility of the patient's choice.

Our Caring Hands Hospice program also provides compassionate care for those facing terminal illness. The goal of Caring Hands Hospice is to promote quality of life and provide support for the patient, as well as provide bereavement support to the family as they heal and move forward.

For more information regarding these services, please speak with your Primary Care Provider or our Social Services Department.