

We Are Here

Town Hall Meeting - December 5, 2023



Kit Carson County Memorial Hospital

**Message
from the
Chief of Staff**



Dr. Pimentel

Who We Are

Meet our Board of Directors

Kylee Miltenberger	Chair
David <u>Gottmann</u>	Vice Chair
Cindy <u>Halde</u>	Secretary
Mark Cure	Treasurer
Kevin Cure	Director
Aileen Richards	Director



A special thank you to John Swick and Laura Charles for your service!



Who We Are

Meet our Senior Leadership Team



Bryan Bogle
Chief Executive
Officer



Russel Miller
Assistant
Administrator



Heather Prideaux
Chief Financial
Officer



Rebecca Cisneros
Director of
Operations &
Human Resources

Who We Are

Meet our Department Managers



Claudia Garcia
EVS



Juan DeLaCruz
IT



Jeanie Tracy
Lab Manager



Bryan Gorton
Physical Therapy



Ted Foth
Maintenance



Casey Richter
Materials



Ashley Bridges
Same Day Surgery



Ramona Rodriguez
Revenue Cycle

Who We Are

Meet our Department Managers



Sara Chacon
Quality & Risk



Veronica Ramirez
Dietary



Kindra Mulch
Administration



Kendra Miller
Radiology



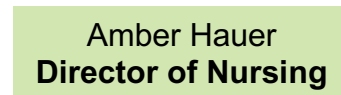
Brenda Briegel
Quality & Risk



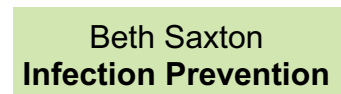
Duane Wright
Education



Ceil Hovey
Respiratory



Amber Hauer
Director of Nursing



Beth Saxton
Infection Prevention

Who We Are

Meet our Parke Health Providers



Sacramento Pimentel, MD



Jesus Jaime Perez, MD



Alexandra Hitchcock, FNP



Jesse Smith, FNP



Michelle Wright, FNP



Kimberly Weston, FNP



Krista Davis, LCSW

Who We Are

Meet our Parke Wellness Providers



Bryan Gorton PT, DPT



Brittany Whitmore PT, DPT



Conner Leiding PT, DPT



Sarah Guthmiller, PTA

Who We Are

Meet our Emergency Medicine Providers



Nate Cameron, PA



Brittany Turner, PA



Tom Pedigo, PA



Keith Benson, PA



Brent Turner, PA

Who We Are

Meet our Specialty Clinic Providers



Sujatha Nallapareddy, MD
Oncologist



Michael Solomon, D.O.
Ophthalmologist



Ann Pereira, NP
Cardiology Provider



Samuel Rogas, MD
Cardiologist



Ernest Nitka
Neurologist



John Woodward, MD
Orthopedic Surgeon



Charles Frankum, MD
General Surgeon



Michael Rauzzino, MD
Neurosurgeon



Mallory Sessions, PA
ENT Provider



Kevin Blue, DPM
Podiatrist

Who We Are

Meet our Specialty Clinic Providers



Natalia Arango, MD
OB/GYN



Victor Dabelea
OB/GYN



Jeffrey Rumbyrt, MD
Allergy & Asthma



Carrie Cera Hill, MD
Dermatologist



John Prevedel, MD
Cardiology Specialist



Will Petit, PA
Orthopedics



Owen Reichman, MD
ENT

Who We Are

Meet our Anesthesia & Pain Management Providers



Ben Gehret, CRNA



Val Meredith, CRNA



Samuel Sims, CRNA



Gary Kleiwer, CRNA

Who We Are

Meet our PFAC Members

Angela Berry

Bonnie Hilt

Judy Standley

Glenda Gross

Virginia Burciaga

Kim Davis

Dennis Vance

Denise Vance

Kristi Tomes

Gary Pautler

Terri Pautler

Patient and Family Advisory Council

Patient and Family Advisors

- Feel comfortable to candidly share experiences and perspectives with our practice, both positive thoughts and constructive criticism.
- Assist in planning, implementation and evaluation of quality improvement projects.
- Maintain confidentiality of any sensitive information/material that may be during meetings.
- Help our practice identify and implement strategies to support patients and families, improve their experiences with care, and strengthen communication and collaboration between health care providers and patients and families.

KCCMH PFAC Members

- Angela Berry,** Since 2018- KCCDPHE/SEP Program Manager
- Bonnie Hilt,** Since 2017-Family Farming Business
- Judy Standley,** Since 2017-Retired Pharmacy Technician
- Glenda Gross,** Since 2019-Retired/Board Member on various boards in the community
- Virginia Burciaga,** Since 2019-Retired from KCCCHHS Medicaid Caseworker
- Kim Davis,** Since 2019-Family farming business/substitute teacher
- Dalene Colgrazier,** Since 2018 - KCCDPHE/Chronic Disease Coordinator/Lifestyle Coach/Safe Sitter Coordinator

PFAC Coordinator
Kit Carson County Memorial Hospital
286 16th Street
Burlington, CO 80807
719-346-4864

Mission
To improve the health and lives in our communities by providing high quality healthcare close to home.

Vision
To be the regional provider setting the standard in quality and innovative healthcare and the first choice for patients and employees.

Values

- K** Keep patients first, always.
- C** Compassionate care and access for all.
- C** Collaborate for exceptional patient experiences.
- M** Maximize our impact through accountability and adaptability.
- H** Have pride in our work and community.

Who We Are
KCCMH has created a Patient and Family Advisory Council (PFAC) because we recognize that patients and families are a valuable and critical resource. The purpose of our PFAC is to create a venue where staff, patient and family advisors can work in partnership to identify and address challenges to improve patient experiences.

PFAC Goals

- Focus efforts on meaningful, collaborative projects, ensuring that there are regular opportunities for patient and family advisors to engage in the work to assess, redesign and evaluate the practice's processes and procedures.
- Share how patient and family advisors' feedback has been implemented and how/when changes are being made to the practice.
- Ask patient and family advisors periodically about their experience as advisors. Support them in creating a positive experience.

It Takes a Team

KCCMH
Kit Carson County Memorial Hospital

KCCMF

Patient and Family Advisory Council

Employee Information

Employee Payroll & Distribution



Annual payroll of approximately \$6,000,000



Employee Distribution	#
Providers	7
Nurses/CNAs/Paramedics/ EMTs	32
Ancillary Patient Care Techs	23
Support Staff	18
Administrative Staff	25
Total	105

Employee Engagement

Employee Survey Results



The employee satisfaction & engagement survey contained 5 measure of outcomes.



There have been no statistically significant declines in scores since 2021, only significant improvements.



Motivation – Caring for patients, helping the community and being self-motivated topped the list.



Engagement Item	% Fav	Change from 2021 Survey
I am enthusiastic about my job	75%	-5
I intend to stay at KCCMH the next 2 years	74%	-2
I would recommend KCCMH to a friend	67%	+19
KCCMH is on track to be successful	66%	+24
I feel valued as an employee of KCCMH	61%	+13

Employee Engagement

We Have Fun too!



Hospital Week



Halloween



Cornhole Tournament



What We Do

Our Services



Allergy & Asthma

Behavioral Health

Cardiology

Concussion Management
Program

Dermatology

Ear, Nose & Throat (ENT)

Emergency Department

Family Medicine – Burlington

Family Medicine – Stratton

General Surgery (Same Day)

Imaging

Laboratory

Neurology

OB/GYN (outpatient only)

Occupational Therapy

Ophthalmology

Oncology

Orthopedics

Pharmacy (inpatient only)

Physical Therapy

Podiatry

Pulmonary Rehab

Sleep Studies

Swing Bed

Urology

Visiting Nurse

What We Do

Allergy & Asthma



Behavioral Health

EMDR Trauma Therapy

EMDRIA trained therapist at KCCMH

EMDR, Eye Movement Desensitization and Reprocessing, has become a leading treatment for trauma with an 80-90% success rate.



To learn more about healing with EMDR Therapy, call Parke Health at **719-346-9481** or Stratton Medical Clinic at **719-346-4650**.

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Cardiology



Heart Health Month

Heart disease is the leading cause of death in the United States. Take care of your heart.

February is dedicated to raising awareness about heart disease and prevention. Join us in getting on track to better heart health by scheduling an appointment with your Primary Care Provider or one of our Cardiology Specialists.

Parke Health Medical Clinic:
719-346-9481

Stratton Medical Clinic:
719-348-4650

Cardiology / Specialty Clinic:
719-346-4780



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What We Do

Concussion Management



Dermatology



ENT



Summer is in the Air!

As you spend more time outside, in the water and socializing you may also find yourself with frequent "summer sniffles", throat pain, earaches or headaches. Here are some common reasons you may need help from an ENT (Ear, Nose, Throat Doctor) this summer.

- 1. Allergies:** Summer means an increase in grass pollen, pet dander, mold and other common allergens. Symptoms may include a runny nose, sore throat and congestion. ENTs work together with allergists to treat conditions where allergies are causing problems in the ears, nose, sinuses and throat.
- 2. Chronic Sinus Infections:** Allergies, when left untreated, can lead to sinus infections. If your symptoms don't go away or treatments don't seem to be helping, it's time to seek care from an ENT.
- 3. Swimmer's Ear:** If you develop ear pain and loss of hearing after swimming, you are likely developing a swimmer's ear. This happens when water gets trapped in the ear and doesn't flow out. An ENT can administer antibiotic ear drops and/or antibiotic steroid ear drops when necessary.
- 4. Tonsillectomies:** Summer break is a great opportunity for you to schedule tonsillectomies for your child that won't interfere with their school schedule.

Call 719-346-5311 to schedule an appointment with an ENT today!

What We Do

Emergency Medicine

SLY Medical Brings Extensive Emergency Medicine Experience to Kit Carson County

Since the start of their contract in March 2022, **SLY Medical has continued to provide a consistent team of highly experienced emergency medicine providers for KCCMH.** With years of experience working in high volume emergency department settings, SLY Medical aims to bring similar patient outcomes to our community as metropolitan centers when diagnosing and treating emergency medical needs.



Kit Carson County Memorial Hospital ER is open 24/7!

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Family Medicine



Your Primary Care Provider is
Your First Line of Defense

Early Detection & Intervention

Immunizations & Screenings

Personalized Wellness Plans

Long-term Care for Chronic Diseases

Coordinate Specialists & Referrals

It's never too late to tackle your health.
Call 719-346-5311 to schedule an appointment.

General Surgery

Experience & Technology, Right Here

General Surgery at KCCMH

As a General and Colorectal Surgeon, Dr. Frankum performs a wide range of surgeries here including:

- Endoscopy Procedures (Colonoscopy and Endoscopy)
- Hernia Surgery & Repair
- Gallbladder Removal
- Sphincterotomy (anal fissure repair)
- Hemorrhoidectomy (hemorrhoid repair)
- Lipoma (fatty tumor) Removal
- Paracentesis (abdominal fluid removal)
- Thoracentesis (removal of fluid around the lungs)
- And More!



Charles Frankum, MD
(General and Colorectal Surgeon)

Discuss your surgical options with our General Surgery team, call **719-346-4820.**



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What We Do

Imaging



In-House MRI Services Open Monday-Friday!

Avoid added travel time and rushed appointments at bigger hospitals or inconvenient hours and discomfort at outsourced trucks. KCCMH's MRI services are available at the hospital, Monday to Friday, using technology designed for patient comfort.

Toshiba Vantage Titan 1.5T

- More comfort with a wide-bore 71 cm aperture
- Noise reduction system
- Easy on and off patient access



Call **719-346-4750** to learn more about our MRI services at Kit Carson County Memorial Hospital.

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Laboratory



Direct Access Laboratory Testing

Monitor your health and take a proactive approach to your wellness.

With Direct Access Laboratory Testing you can order your own lab tests without a doctor's order.

- **No insurance or Medicare involvement**
- **Tests offered at a discounted rate**
- **Confidential results directly to you**
- **Walk-ins welcome**

DAL Testing is available at KCCMH Monday-Friday 8:00 a.m.-5:00 p.m. with no appointment necessary!
Questions? Call 719-346-4730.



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Neurology



KCCMH Welcomes Neurologist Dr. Ernest Nitka



A native of Colorado, Dr. Ernest Nitka trained in Chicago at Northwestern University Medical School. He continued at Northwestern to complete his neurology training and was Chief Resident in his final year.

Dr. Nitka has a strong interest in rural medicine and has chosen to finish his career working in Eastern Colorado and Western Kansas. When not working, he spends his time photographing life, nature and the prairie, RVing with his wife and enjoying their Lab/Dachshund rescue dogs.

Find Dr. Nitka's Specialty Clinic schedule on our website at:
kcchsd.org/events

What We Do

OB/GYN



KCCMH Excellence in Tubal Ligation

A one-time, permanent birth control option

Ready to make sure pregnancy is not in your future? Tubal ligation or “getting your tubes tied” is a safe, effective, and minimally invasive procedure that permanently prevents pregnancy without hormones or devices.

Call **719-346-4826** to learn more about tubal ligation with expert GYN surgeon, Dr. Dabelea, at Kit Carson County Memorial Hospital.



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Occupational Therapy

Occupational Therapy

Bringing important healthcare services back to our community!

Occupational Therapy helps people of all ages live fuller lives.



To learn more about how Occupational Therapy can help you or your loved ones, call us at **719-346-5311**.



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Ophthalmology



Cataract Surgery at KCCMH

Cataracts don't have to limit your world. See clearly again!

- **Expert Care:** Skilled Ophthalmologist Dr. Solomon
- **Rapid Recovery**
- **Compassionate Support**
- **Clearer Vision**

Contact us at **719-346-4780** to learn more or schedule your appointment!



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What We Do

Oncology

KCCMH Welcomes Oncologist and Hematologist

Dr. Sujatha Nallapareddy, MD



Kit Carson County Memorial Hospital, along with Rocky Mountain Cancer Centers, is excited to announce the addition of board-certified medical oncologist and hematologist, Dr. Nallapareddy.

With more than 10 years of experience at Rocky Mountain Cancer Centers, Dr. Nallapareddy specializes in Gastrointestinal Cancers, Skin Cancers and Blood Disorders.



**Welcome Dr. Nallapareddy,
we're grateful to have your
expertise right here in Burlington!**



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Orthopedics



Physical Therapy

From Bedridden to Back Again: Janet Krause

November 1, 2023



In the fall of 2022, Idalia resident Janet Krause traveled to a Denver hospital to receive a chemotherapy trial drug for her metastatic osteosarcoma. She had such a bad reaction that she ended up on a ventilator. When she finally roused weeks later, not only was she in terrible pain, but she was so weak and deconditioned that she couldn't move.

Krause needed intensive physical therapy. She was transferred to Kit Carson County Memorial Hospital, where she'd worked as a nurse for 30 years before her retirement in 2009.

"When I was a nurse, KCCMH was just getting its PT department up and going," she said. "At the time, I did not have the appreciation for physical therapy that I should have. I knew they did good work, but I had no idea that PT could do so much to help a patient regain their life. That therapy department saved me."

Krause stayed at KCCMH for a month, receiving hour-long inpatient physical therapy twice a day. Sarah Guthmiller, a Physical Therapy Assistant, started by helping Krause move her legs. "She gave me big goals," Krause said. "She told me, 'We'll be walking to the door by Friday' when I couldn't even get up yet. But within a couple of days, I was able to sit on the edge of the bed. And sure enough, everything she said, I was able to achieve because she and the Parke Wellness team made it happen."

As Krause's health journey continues, she has also had outpatient physical therapy at KCCMH to maintain her level of functioning. "Now when I have to go to the hospital, that's the first thing I ask for—getting back to PT," she said.

Krause and her husband, Tim, live on seven acres where they grow flowers, vegetables and fruit trees. In addition to gardening, she enjoys spending time with their three kids and three grandchildren.



What We Do

Podiatry



Pulmonary Rehab



NEW SERVICE!

**Pulmonary
Rehabilitation**

**Coughing?
Shortness of breath?
Lack of energy?
*We can help.***

Sleep Studies



What We Do

Swing Bed



Urology



Visiting Nurse

NOTICE TO THE PUBLIC

Visiting Nurse (Home Health) and Comfort Care (Hospice) will be available through Parke Health Medical Center and Stratton Medical Clinic starting September 1. These services will no longer be based at the hospital.

The visiting nurse and comfort care personnel will work out of the clinics and continue to travel to patients' homes.



Patients and their families will benefit from the continuum of care available from the entire team of healthcare providers at the clinics.



These services will be supported by a larger staff while still providing personalized, at-home care when that is best for the patient and family.



KCCMH

For any questions, or to request medical records, please call
844-452-2473.

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What We Do

New Programs/Service Lines

KCCMH Welcomes Oncologist and Hematologist



Sujatha Nallapareddy, MD

Kit Carson County Memorial Hospital, along with Rocky Mountain Cancer Centers, is excited to announce the addition of board-certified medical oncologist and hematologist, Dr. Nallapareddy!

With more than 10 years of experience at Rocky Mountain Cancer Centers, we are grateful to have her expertise right here in Burlington!

Dr. Nallapareddy is an active member of weekly cancer tumor boards where she collaborates with other cancer specialists to provide a comprehensive, multi-disciplinary

approach to cancer treatment recommendations. She is also actively involved in clinical research and remains up to date on recent treatment advances and cutting-edge therapies.



Meet Our Quality Care Provider

Board Certifications:
Medical Oncology,
Hematology, Internal
Medicine

Specialties:
Cancer, Blood Disorders

Medical School:
Osmania College -
Hyderabad, India

Residency:
Internal Medicine - State
University of New York
(SUNY), Buffalo, NY

Fellowships:
Medical Oncology &
Hematology, Developmental
Therapeutics &
Gastrointestinal Oncology -
University of Colorado School
of Medicine, Aurora, CO

Welcome Dr. Nallapareddy!



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Oncology

Diagnostic Mammograms

Early Detection Saves Lives.

Schedule your mammogram today.

- 3D mammograms
- Diagnostic Mammograms
- Breast Ultrasound

Call our Imaging Department at 719-346-4750.



Kit Carson County Memorial Hospital
kccchsd.org



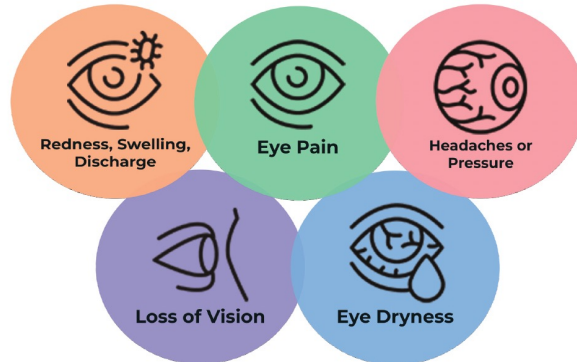
What We Do

New Programs/Service Lines

5 Reasons to See an Ophthalmologist

Ophthalmologists can spot eye disease early and protect your sight as soon as possible.

Eye diseases can be difficult to catch as they often present as minor irritations. If you notice any of the following symptoms it is important to **make an appointment as soon as you can.**



Routine exams are the best way to ensure that your eyes are healthy. To schedule with our Ophthalmologist at KCCMH call **719-346-5311**.

Neurology

Ophthalmology



KCCMH Welcomes Neurologist Dr. Ernest Nitka



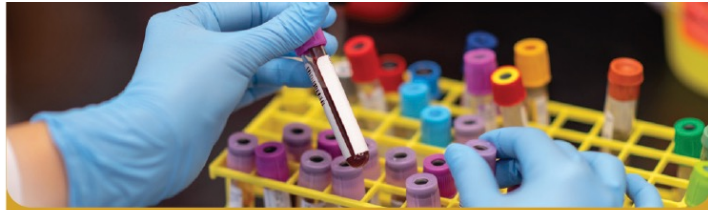
A native of Colorado, Dr. Ernest Nitka trained in Chicago at Northwestern University Medical School. He continued at Northwestern to complete his neurology training and was Chief Resident in his final year.

Dr. Nitka has a strong interest in rural medicine and has chosen to finish his career working in Eastern Colorado and Western Kansas. When not working, he spends his time photographing life, nature and the prairie, RVing with his wife and enjoying their Lab/Dachshund rescue dogs.

Find Dr. Nitka's Specialty Clinic schedule on our website at:
[kcchsd.org/events](https://www.kcchsd.org/events)

What We Do

New Programs/Service Lines



Direct Access Laboratory Testing


Monitor your health and take a proactive approach to your wellness.

With Direct Access Laboratory Testing you can order your own lab tests without a doctor's order.

- No insurance or Medicare involvement
- Tests offered at a discounted rate
- Confidential results directly to you
- Walk-ins welcome

DAL Testing is available at KCCMH Monday-Friday 8:00 a.m.–5:00 p.m. with no appointment necessary! Questions? Call 719-346-4730.



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Dietician

Direct Access Lab



KCCMH Welcomes Registered Dietitian **Natalie Miltenberger**

Ensuring personalized nutrition care at Kit Carson County Memorial Hospital

Natalie is set to play a pivotal role in the comprehensive care of our patients, focusing on the vital connection between nutrition and health.

Join us in welcoming Natalie—
Your newest partner in health.

Natalie's services at KCCMH are contracted through Kit Carson County.



Kit Carson County Memorial Hospital
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719-346-5311 | kcchsd.org 

What We Do

Commitment to Our Community: Communication



Marketing Team



New Website

What We Do

Commitment to Our Community: Sponsorships/Programs



Teddy Bear Clinic

Pro Rodeo



Bike Rodeo

Midway Theater

Burlington FFA Chapter Breast Cancer Awareness Walk

Homecoming Pages

Stratton Spotlight Sports

Burlington Cougar Club

What We Do

Commitment to Our Community: Your Voice Matters



“I knew they did good work, but I had no idea that PT could do so much to help a patient regain their life. That therapy department saved me.”

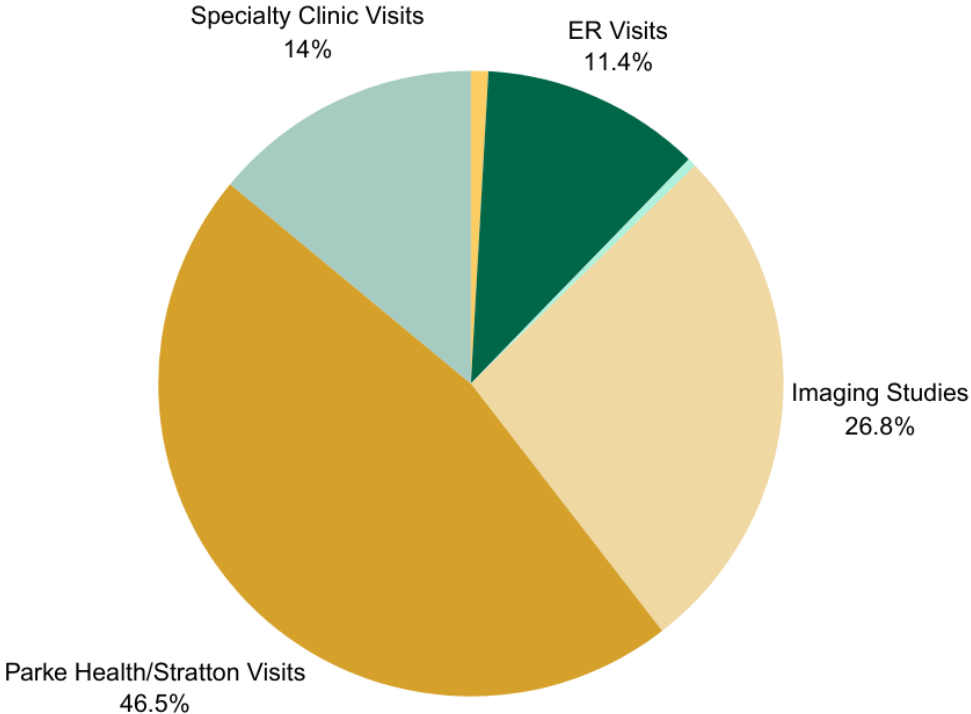
Thanks so much to the doctors and nurses in ER that took great care of me in my difficulties on 4-6 thru 4/8. I received excellent care and I am grateful to all.

Terry Cox
Terry Cox

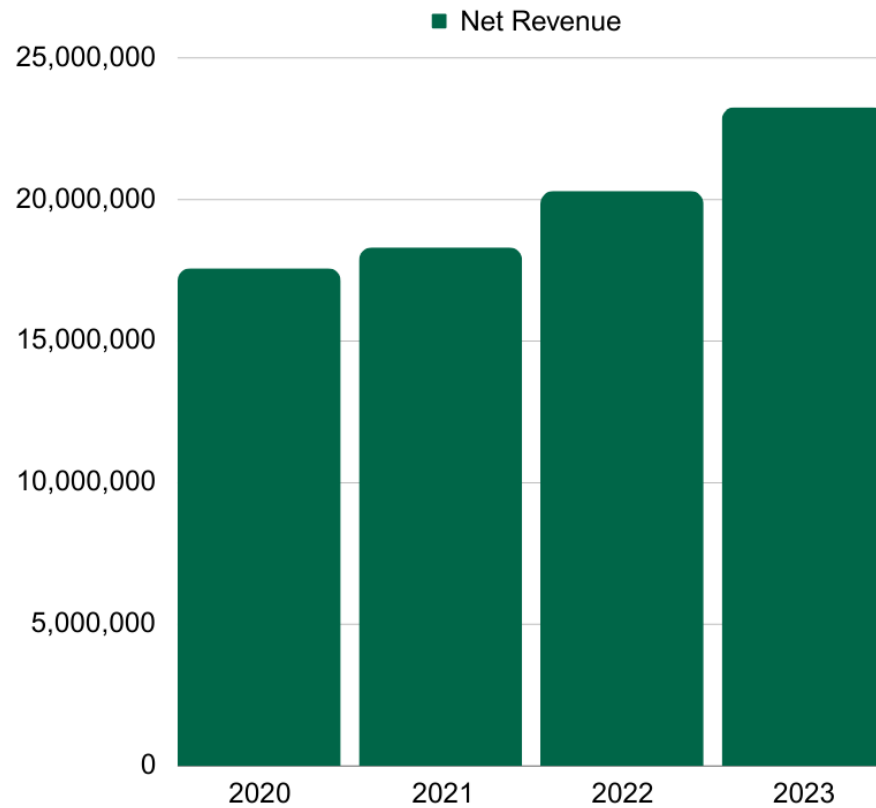
Who We Treat

Who We Treat	2020	2021	2022	Projected 2023
Admissions	202	232	165	256
ER Visits	2,499	2,712	3,055	3,248
Outpatient Surgeries	42	66	93	131
Imaging Studies	5,597	6,492	7,115	7,646
Parke Health/Stratton Visits	12,177	13,888	14,589	13,271
Specialty Clinic Visits	2,053	2,632	3,101	3,995

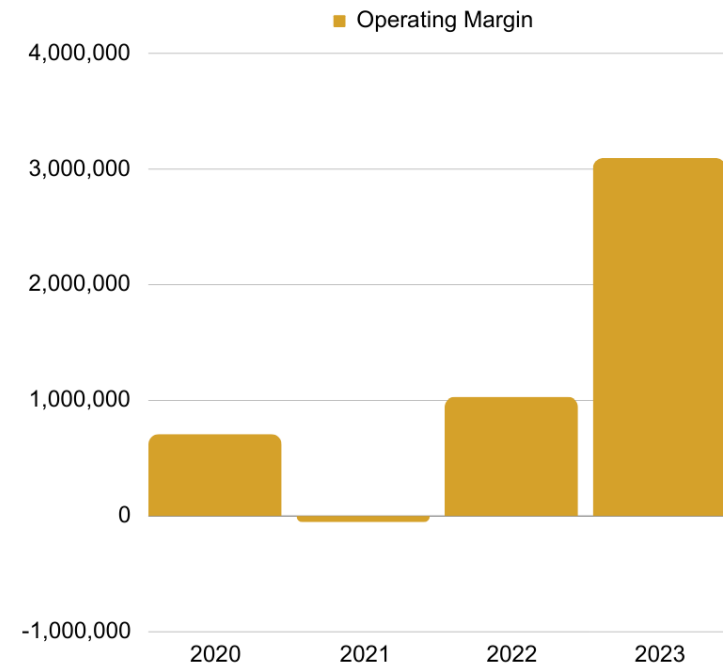
Projected 2023



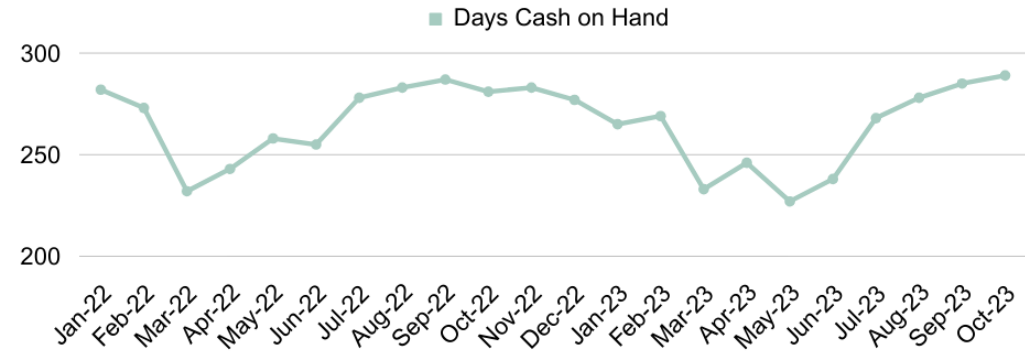
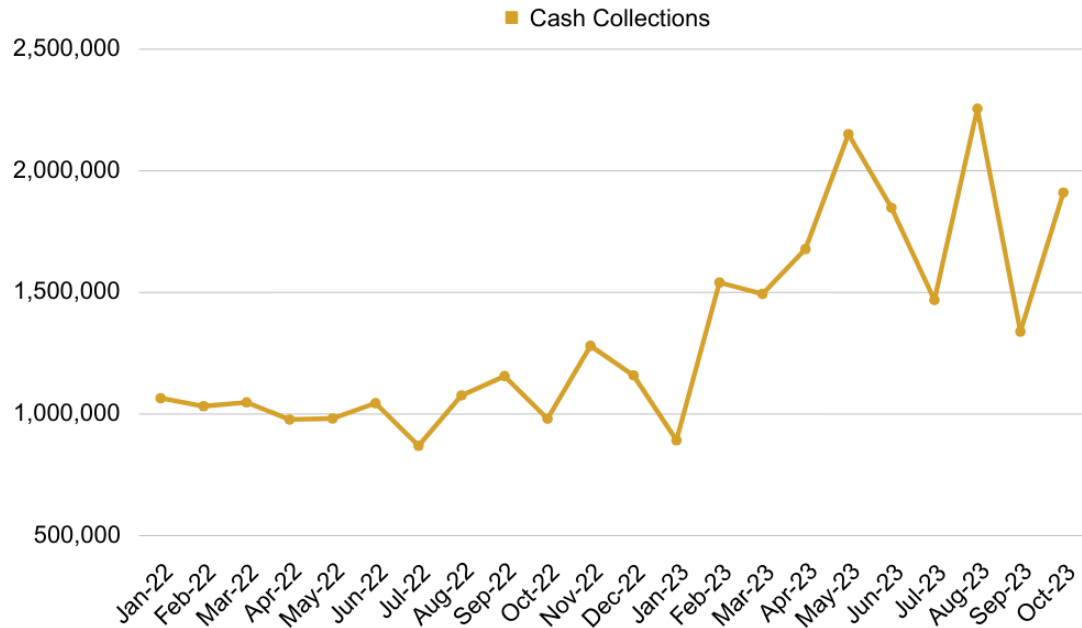
Financial Results



Financial Results	2020	2021	2022	Projected 2023
Net Revenue	17,573,420	18,306,242	20,297,814	23,257,471
Operating Margin	707,972	(53,555)	1,031,216	3,095,477
Net Income	326,304	(638,108)	638,169	2,664,037
Operating Margin %	4.0%	-0.3%	5.1%	13.3%



Billing

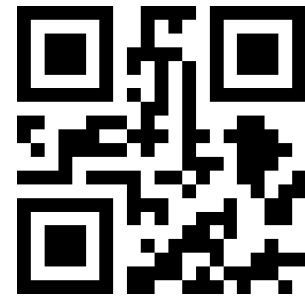


Billing

Your Billing Team is here for you.



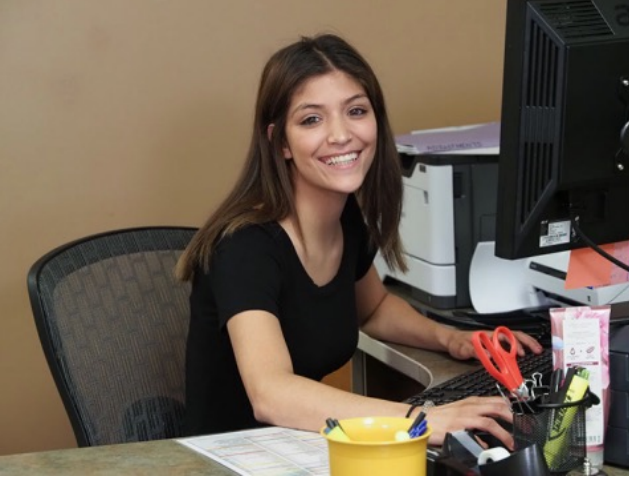
Ramona Rodriguez
Revenue Cycle Manager



719-346-4790

Strategic Plan





Thank you for choosing
Kit Carson County Memorial Hospital!

We are Here for You

